



22 West Vine Street  
Tooele, Utah 84074  
435-830-7763

## **Professional Disclosure Statement**

As your therapist I will treat you with respect as a unique individual. Although I am trained in a number of theoretical and practice modalities, I generally use Dialectical Behavioral Therapy and systems based strategies to assist clients in resolving problems in their lives.

In the event that a more intensive level of care or treatment outside my scope of competence is warranted, I may provide you with a referral to another professional for those services. If referred for additional services, you will be responsible for payment for those services.

As a Marriage and Family Therapist I follow the ethical rules and laws of my profession, the rules and regulations of the Utah Department of Professional Licensing Board, and the Code of Ethics of the American Association of Marriage and Family Therapy. These include but are not limited to rules governing standards of confidentiality, dual relationships.

Regarding standards of confidentiality, it is important to note that I may break confidentiality, according to legal and ethical rules, for any of the following matters:

- Abuse or harmful neglect of children, the elderly or disabled or incompetent individuals is known or reasonably suspected.
- The validity of a will of a former client is contested.
- Information related to counseling is necessary to defend against a malpractice action brought by a client.
- An immediate threat of physical violence against a readily identifiable victim is disclosed to the therapist.
- In the context of civil commitment proceedings, where an immediate threat of self-inflicted harm is disclosed to the therapist.
- The client alleges mental or emotional damages in civil litigation or his/her mental or emotional state becomes an issue in any court proceeding concerning child custody or visitation.
- The patient or client is examined pursuant to a court order.
- In the context of investigations and hearings brought by the client and conducted by the Board, where violations of this act are at issue.

I cannot guarantee confidentiality in group counseling sessions due to their nature and composition. Group members are encouraged not to disclose personal information of other members. However, I cannot ensure that they will always maintain confidentiality.

In the case of minors, as your therapist I will respect the inherent rights and responsibilities of your parents and may share information with them about you. I am sensitive to the cultural and social diversity among families. I recognize that all parents (custodial and non-custodial) are vested with certain rights and responsibilities for the welfare of their children by virtue of their position and according to the law.

I expect that you will benefit from therapy, but there is no guarantee that this will occur. There may be some side effects or risks in becoming involved in therapy. For example, progress may be slow, you may have a variety of feelings (e.g., sadness, anger, or depression) when you talk about sensitive or difficult topics. Your relationship may change in ways that are at least temporarily disruptive for you and your family. Additionally, long standing issues may take time to work through.

If medication is advised, I cannot prescribe or provide medication. I may need to consult with your physician in order to coordinate treatment.



Bear's Ears Child & Family Therapy  
*Hearing & Healing*

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Because of ethical standards and state laws, it is necessary to avoid multiple relationships with clients in order to protect you and your confidentiality. If any contact does occur outside of therapy you will be treated as a regular community member in the context of the outside non-therapeutic relationship. A close personal relationship with a client or a client's family is prohibited

Additionally, consultation among Bear's Ears Child and Family Therapy clinical staff concerning clients and their care will occur periodically or as necessary. The purpose of clinical consultation is to maintain high quality services. All Bear's Ears Child and Family Therapy Staff are under the same legal and ethical obligations of confidentiality.

When there is more than one family member present, I will view the whole family as the client. Consequently, any releases of information excluding what is required by law must be authorized by each of the consenting members present during the time of treatment.

If you have any additional questions regarding confidentiality, treatment, fees for services, or concerning your specific treatment plan, you are encouraged to ask them. You have the right to terminate services at any time.

**Brent A. Westover, M.S. MFT**  
**B.S. Behavioral Science, Utah Valley University**  
**M.S. Marriage and Family Therapy, Kansas State University**

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Client/Parent (or Guardian) **PRINT**

\_\_\_\_\_  
Client/Parent (or Guardian) **Signature**

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Date